



ELS NIKE SPORTS CAMP @

THE SAN DOMENICO SCHOOL

Ages:	9 to 15
Program Dates:	July 5 – July 18, 2015 July 19 – August 1, 2015
Program Duration:	2 weeks
Available Levels:	Beginner, Intermediate and Advanced
Lessons per Week:	Ten 50-minute lessons per week; 2.5 lessons per day on Monday – Thursday afternoons
Maximum Class Size:	15
Course Curriculum:	General English practice with professional ELS instructors
Sports:	Students can choose from basketball, soccer, tennis or a multi-sport option.
Sports Training Sessions:	Five per week M-F (3 hrs per day)
Accommodations:	Double-occupancy dormitory rooms; \$50 cash key deposit required upon check-in
Linens and Laundry:	Bed sheets, including a pillow and towels, are provided to students and laundered weekly. Students are responsible for washing their own clothing; ELS provides all laundry soap.
Meals:	Breakfast, lunch and dinner are included 7 days per week. Generally, meals are taken in the campus cafeteria. Boxed or catered meals are provided to accommodate activity schedule when necessary.

Weekday Activities:

After classes, students can select from a variety of on-campus activities including swimming, recreational sports, arts & crafts, hiking and more! On Friday afternoons, students will enjoy shopping trips to the mall or premium outlets. Students will also enjoy a major league baseball (MLB) game during their program.

Weekends and Trips:

Explore San Francisco by visiting the Golden Gate Bridge, Fisherman's Wharf and the spectacular Six Flags® amusement park!

Airport Transfers:

Round-trip airport transfers from San Francisco Airport (SFO) are included

Medical Insurance:

ELS medical insurance included; please contact ELS Special Programs for more information.

Recommended Items to Bring

Below is a suggested list of clothes, equipment and personal items. Please don't forget to label every article of clothing and equipment.

- Light Jacket
- Hat
- Long Pants (in case of inclement weather)
- Tennis Racket(s) (if applicable)
- Tops – 6 t-shirts/shirts
- Bottoms – 6 skirts/shorts
- 6-8 pairs of socks
- Comfortable tennis, or basketball shoes (1-2 pairs)
- Soccer cleats (if applicable)
- Soccer shin guards (if applicable)
- Casual clothes
- Sweatshirt/warm-up jacket and pants
- Pajamas/underwear
- Bathing suit and towel
- Sun block and hat/visor
- Water bottle
- Toilet/personal items, including insect repellent
- Laundry bag
- Bring your favorite team jersey!

SPECIAL FEATURES:

ELS Certificate of Attendance, camp t-shirt, ELS tote bag, USB wristband, beach towel and Nike cross-training sneakers

ELS.edu/NikeSanDomenicoCamp



Nike Sports Camps



IMPORTANT DETAILS



ELS/Nike Sports Camps
c/o The San Domenico School
1500 Butterfield Road.
San Anselmo, California 94960



Students are encouraged to email family and friends.
Students will be able to send and receive emails while in the dormitory. Students should bring an international phone card or have a cell phone with international calling capabilities.



Curfew is 22:00. All students are expected to remain in their dormitory and respect quiet time, which begins at 21:15.

If your child is traveling alone and needs to make a transfer or lay-over during the trip, you may want to consider the child escort service. **Please let us know in advance if you are using the airline's Unaccompanied Minor Service.**



Students should secure large sums of money and valuables (including cell phones, tablets, etc.) at all times. ELS/USSC is not responsible for lost or stolen items.



Breakfast, lunch and dinner are included 7 days per week. Generally, meals are taken in the campus cafeteria. Boxed or catered meals are provided to accommodate activity schedule when necessary. Students can plan for \$150 - \$200 per week for snacks, souvenirs and spending money.



Damage Deposit: Students will pay a **US \$50 cash damage** deposit upon arrival. Students must lock their dorm rooms, carry their keys and report lost keys to staff.



Students should arrive on Sunday and plan to depart on Saturday of their scheduled program. Flights should be booked accordingly. All early arrivals or late departures must be pre-approved by ELS Special Programs.

Students will be greeted at the airport by an ELS staff member, who will be wearing an ELS orange polo and holding a sign reading "ELS Language Centers." Students will also be escorted back to the airport for their departure.



Program Payment – Payments in full are required before program start. Payments can be made via wire transfer, credit card or traveler's checks. For bank transfers: Bank of America San Francisco Commercial Banking Office, Unit 1499 345 Montgomery Street San Francisco, CA 94104. Account: ELS Language Centers, Number: 1499903686, ABA routing: 0260-0959-3, Swift code: BOFAUS3N, Chips address: 0959



Please fill out the attached health and release forms and bring them with you to camp check-in. Campers will not be admitted to camp without these forms.

SAMPLE ACTIVITY CALENDAR

Sunday	Arrival and Welcome	Six Flags® Magic Mountain
Monday	Testing and Welcome Mixer	Recreational Sports
Tuesday	Target Shopping	Swimming
Wednesday	Hiking in the Hills	Tournaments
Thursday	Major League Baseball Game	Shopping at The Village at Corte Madera
Friday	Vacaville Outlet Shopping	Graduation and Farewell Party
Saturday	Explore San Francisco!	Departure

DAILY SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:30 – 08:45	BREAKFAST						
09:00 – 12:00	NIKE Sports Training						
12:00 – 13:00	LUNCH						
13:00 – 15:15	English Classes (2.5 lessons each day)					Full Day Activity Off Campus	Full Day Activity Off Campus
15:30 – 17:30	Afternoon On-Campus Activity – Choose from swimming, pottery, recreational sports such as kickball, dodgeball or wiffle ball, hiking in campus hills, arts & crafts and much more!			Off-Campus Shopping Activity			
17:30 – 18:30	DINNER						
18:30 – 21:00	Free Time						
21:15 – 22:00	Quiet Time						

STUDENT RULES OF CONDUCT

- No student is allowed to travel off campus without camp staff or previously arranged permission from the Camp Director.
- There is no smoking or drinking (alcoholic beverages) while attending youth camps.
- All students are expected to maintain personal cleanliness as well as room and dorm clean ups and inspections.
- Boys and girls must stay on their assigned floors in the dorm.
- Students will be responsible for any damages they create and disciplinary action will be taken.
- Sexual misconduct between students is strictly prohibited.
- Attendance at all classes and scheduled camp events is mandatory.
- Students should not abuse or tamper with the fire equipment.
- Students should always be polite. Disciplinary action will be taken for students exhibiting anti-social behavior.

ALERT!

ELS and NIKE Sports Camps is looking forward to greeting each student scheduled to arrive at the San Francisco International Airport (SFO). Please be sure to send us your arriving flight information.

WELCOME TO THE UNITED STATES!

WHO CAN I CONTACT IF I STILL HAVE QUESTIONS?

You can contact the ELS Special Programs department at:

Special Programs – USA
ELS Educational Services
7 Roszel Road, Princeton, New Jersey 08540 USA
Tel: +1.609.759.5910 • Fax: +1.609.524.9877 • E-mail: sp@els.edu

Nike Sports Camps
Tel: +1.415.479.6060 • Fax: +1.415.479.6061 • 7:00 am – 5:00 pm M-F
E-mail: international@ussportscamps.com